



An educational program for land use decision makers that addresses the relationship between land use and natural resource protection.

## Why is the Water Cycle Important?

The water cycle is the continuous exchange of water between land, waterbodies, and the atmosphere. Approximately 97% of the earth's water is stored in the oceans, and only a fraction of the remaining portion is usable freshwater. When precipitation falls over the land, it follows various routes. Some of it evaporates, returning to the atmosphere, some

Impervious Cover (IC):

all hardened surfaces that do not allow water to penetrate the soil, such as rooftops, driveways, streets, and patios. seeps into the ground, and the remainder becomes surface water, traveling to oceans and lakes by way of rivers and streams. Impervious surfaces associated with urbanization alter the natural amount of water that takes each route. The consequences of this change are a decrease in the volume of water that percolates into the ground, and a resulting increase in volume and decrease in quality of surface water. These hydrological changes have significant implications for the quantity of fresh, clean water that is available for use by humans, fish and wildlife <sup>1</sup>.

## MORF WATER FASTER

#### **DEVELOPED LANDS**

Rain pours more quickly off of city and suburban landscapes, which have high levels of impervious cover

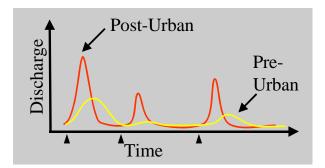
## **NATURAL LANDS**

Trees, brush, and soil help soak up rain and slow runoff in undeveloped landscapes

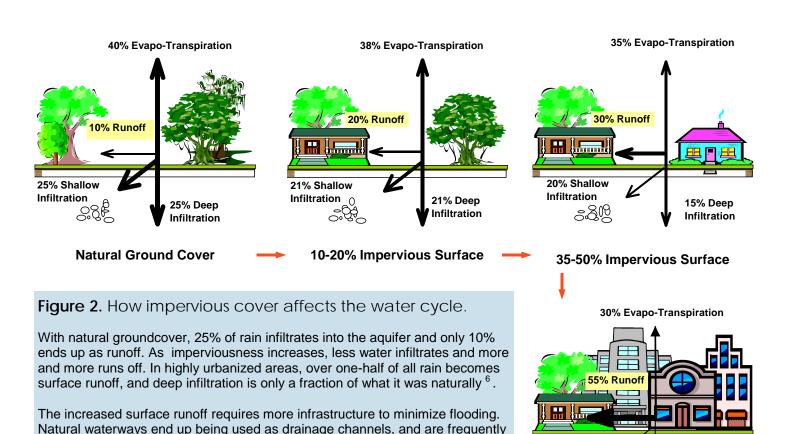
Trees & other vegetation Pavement & break the momentum of rooftops shed water rain and help reduce surface erosion Storm drains deliver water Water pools directly to in indentations waterways and filters into the soil Streets act as "streams", collecting Roots stormwater and anchor soil, channeling it into minimizing waterways erosion Pollutants collected on impervious surfaces are Vegetation helps **RUNOFF** washed into streams, build organic, absorbent soil rivers, and lakes

Figure 1 (left) illustrates how impervious cover and urban drainage systems increase runoff to creeks and rivers. The larger volume, velocity and duration of flow acts like sandpaper on stream banks, intensifying the erosion and sediment transport from the landscape and stream banks. This often causes channel erosion, clogged stream channels, and habitat damage, and increased flooding<sup>4,5</sup>.

Graphic Sacramento Bee<sup>2</sup>.



**Figure 2.** The hydrograph (left) illustrates stormwater peak discharges in a urban watershed (red line) and a less developed watershed (yellow line) after rain events (arrows). In watersheds with large amounts of impervious cover, there is a larger volume and faster rate of discharge than in less developed watersheds, often resulting in more flooding and habitat damage.



groundwater for wetlands, riparian vegetation, wells, and other uses.

75-100% Impervious Surface



lined with rocks or concrete to move water more quickly and prevent erosion.

In addition, as deep infiltration decreases, the water table drops, reducing



**Figure 3.** Relationship between imperviousness and stream quality.

10% Shallow Infiltration

In most cases, when impervious cover (IC) is less than 10% of a watershed, streams remain healthy. Above 10% impervious cover, common signs of stream degradation are evident. They include <sup>1,4</sup>:

- Excessive stream channel erosion (bed and bank)
- Reduced groundwater recharge
- Increased size and frequency of 1-2 year floods
- Decreased movement of groundwater to surface water
- Loss of streambank tree cover
- Increased contaminants in water
- Increased fine sediment in stream bed
- Overall degradation of the aquatic habitat



5% Deep

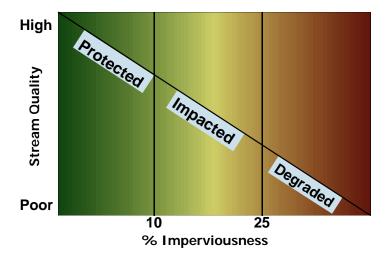
Infiltration

Pictures from different reaches of Secret Ravine Creek, Placer County, California



# Figure 4. Generalized relationship between IC and stream habitat quality.

Beginning at about 10% imperviousness, major alterations in stream morphology such as decreased bank stability and loss of floodplain connectivity, begin to occur. At greater levels of IC, additional changes occur including loss of canopy cover, increased fine sediment, and reduced water quality<sup>1</sup>.



## California Examples

**S** tudies on urban streams across California have consistently found similar patterns of degradation. For example, in Los Penasquitos Creek in San Diego County, watershed development grew from 9% to 37% urbanization between 1966-2000. From 1973-2000, the total annual urban runoff in the upper watershed increased by 4% per year, resulting in more than a 100% increase in runoff for the measured time period. The flood magnitude for the 1-2 year storm also increased by more than 5 fold from 1965-2000 <sup>7</sup>.

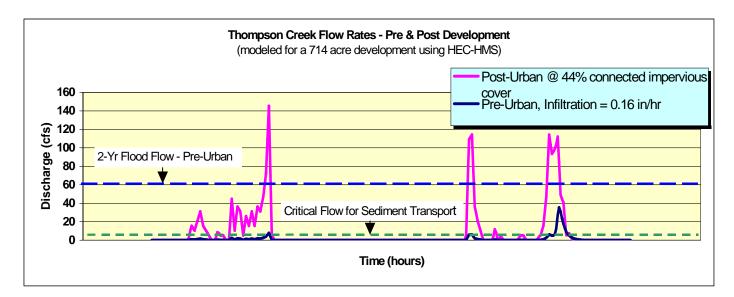


Figure 5. Comparison of Pre- and Post-Development Flow Conditions, Thompson Creek, Santa Clara Valley, CA.

Using an Army Corp of Engineers model, hydrological data over a 50 year period was used to assess the impact of urbanization with 44% impervious cover on a variety of hydrological parameters during a random 7 day period. The most obvious difference between the pre and post development conditions is the significantly greater volume of runoff generated after development. Whereas pre-development flows were typically at flow rates that would not cause bank erosion (green line), post-development flows mainly exceeded the flow needed to destabilize stream banks. Further, post-development flows, in contrast to pre-development flows, would regularly exceed the historic 2 year storm event.

The impacts of these altered conditions is degradation of the aquatic habitat and increased frequency of flood events. In the Thompson Creek sub-watershed, hydrologists also found that the increased imperviousness associated with development approximately doubled stormwater runoff for peak discharges for 2, 5, and 10-year storm event. Results in this watershed and elsewhere have shown that the 0-10 year storms are the events that overwhelmingly alter the shape and size of streams. Thus, doubling of the rate of runoff will have significant impacts on aquatic resources as well as the risk of flooding and decrease groundwater recharge  $^3$ .





## In a Nutshell

Increased impervious cover associated with urbanization alters the natural cycling of water. Changes in the shape and size of urban streams, followed by decreased water quality, are the most visible effects of increased imperviousness. Greater frequency and severity of flooding, channel erosion, and destruction of aquatic habitat commonly follow watershed urbanization. Alterations in the aquatic environment associated with these hydrological changes greatly compromise the normal functioning of our waterways.

## Resources on the Web

Center for Watershed Protection www.cwp.org

State Water Resources Control Board( NPS Encyclopedia) www.waterboards.ca.gov/nps/encyclopedia.html

National NEMO Network http://nemo.uconn.edu/

Low Impact Development Center www.lowimpactdevelopment.org/

**EPA information on hydrological cycle**http://www.purdue.edu/dp/envirosoft/groundwater/src/title.htm

The Stormwater Manager's Resource Center www.stormwatercenter.net

Water Education Foundation www.watereducation.org

## References

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## California NEMO Partners

California Coastal Commission

Office of Environmental Health Hazard Assessment, Cal/EPA

**USC Sea Grant** 

State Water Resources Control Board

California Association of Resource Conservation Districts

Local Government Commission

UC Davis Extension

UC Santa Barbara

NOAA Coastal Services Center

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CA NEMO Partnership website www.usc.edu/org/seagrant/calnemo/index. html

The CA NEMO Partnership is a Charter Member of the National NEMO Network.





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